



Reach Up/Reach First *Help For Families In Need*

Do you...

- ➔ Have a minor child at home?
- ➔ Need help to meet your family's basic needs?
- ➔ Have little or no income?
- ➔ Live in Vermont?

**If you answered YES to these questions,
Reach Up/Reach First may be able to help!**

Reach Up helps eligible parents gain job skills and find work so they can support their minor, dependent children.

Reach First does the same for parents who will likely no longer need help in four months (or less).





Who is Eligible

Eligibility depends on:

- ➔ Your household income
- ➔ Your living expenses
- ➔ The value of the things you own or are paying for
- ➔ Who lives in your home

The Benefits Available

- ➔ Services that support work
- ➔ Case management to help you reach your goals
- ➔ Monthly cash payments to help you pay for basic necessities like food, clothing, housing and utilities

When Reach Up ends, you may be eligible for short-term supports to help you transition off benefits (e.g., help with child care and food).

Learn More/Apply

To learn more about these programs and how to apply, call 1-800-479-6151 or visit our website at the address below.