An easier way for older & disabled Vermonters to get and keep 3SquaresVT food benefits.

You may use this simplified process if everyone applying:

1. Is at least 60 years old or gets disability benefits, and
2. Does not earn income from a job or self employment, and
3. Buys food and makes meals together.

Apply using a simplified, shorter application. Keep your benefits for three years with no additional paperwork.

dcf.vermont.gov/3Squares-SNAP