



3SquaresVT in a SNAP!

An easier way for older & disabled Vermonters to get and keep 3SquaresVT food benefits.

You may use this simplified process if everyone applying:

- 1.** Is at least 60 years old or gets disability benefits, and
- 2.** Does not earn income from a job or self employment, and
- 3.** Buys food and makes meals together.

Apply using a simplified, shorter application.

Keep your benefits for three years with no additional paperwork.

dcf.vermont.gov/3Squares-SNAP