



## Help for Vermonters

We have several benefit programs that help Vermonters to meet their basic needs and become more self-sufficient.

If you're eligible, we can help you:

- ➔ Afford child care
- ➔ Afford energy, fuel and phone service for your home
- ➔ Buy food
- ➔ Gain job skills and find work
- ➔ Meet your emergency basic needs
- ➔ Pay for live-in, essential care at home
- ➔ Save for your first home or education
- ➔ Start or grow a micro business
- ➔ Support your minor children financially while you go to college
- ➔ Weatherize your home



**VERMONT**

**AGENCY OF HUMAN SERVICES  
DEPARTMENT FOR CHILDREN & FAMILIES**



## Learn More/Apply

Get the most current information about the benefits available on our website at [dcf.vermont.gov/benefits](https://dcf.vermont.gov/benefits).

Visit each program's webpage to find information about:

- ➔ Who is eligible
- ➔ What help is available
- ➔ How and where to apply
- ➔ Who to contact if you have questions or need help applying

If you don't have internet access, you can learn about available resources by:

- ➔ Dialing 2-1-1 toll free from anywhere in Vermont
- ➔ Calling Vermont's Senior Helpline at 1-800-642-5119 if you are 60 or over