

## Emergency Housing ADL Waiver Request Q & A Rule EH-755

**Q: What does rule EH-755 say?**

A: You may request a waiver of the 84-day maximum if you or a household member has a disability that significantly impair activities of daily living (ADL). You may also request a waiver of the 84-day maximum if you or a household member is eligible for: Choices for Care; developmental services; CRT; brain injury program; or attendant services. Requests to waive the 84-day maximum for any of these reasons should be made to the Deputy Commissioner of the Economic Services Division. If approved by the Deputy Commissioner, your emergency housing will be extended up to 30 days at a time.

In cases where the individual is eligible for one of the above programs or has a disability that significantly impairs ADL, the housing case manager or legal representative should request a waiver from the Department, who will then coordinate with the nurse coordinator for that region of the state from the Department of Disabilities, Aging and Independent Living (DAIL).

**Q: Who should apply for a waiver of the 84-day maximum under rule EH-755?**

A: You should apply if you are currently receiving emergency housing under the disability prong of rule EH-720 and you or a household member has a disability that significantly impairs your activities of daily living (ADL), or you or a household member is eligible for: Choices for Care; development services; CRT; brain injury program; or attendant services.

**Q: What does a disability that significantly impair activities of daily living (ADL) mean?**

A: Activities of Daily Living (ADL) are “dressing and undressing, bathing, personal hygiene, bed mobility, toilet use, transferring, mobility in and around the home, and eating.” To receive a waiver of the 84-day maximum, you or a household member must have a disability that significantly impairs your or their ability to perform one or more of these activities independently. Examples of significant impairments include: needing assistance with dressing; bathing; getting in and out of bed; getting on and off the toilet; eating; transferring in and out of a wheelchair; use of an oxygen machine; or power wheelchair; etc.

**Q: How do I apply for a waiver of the 84-day maximum?**

A: You must submit a request to the Deputy Commissioner of the Economic Services Division (ESD) to waive the 84-day maximum. You may use the Emergency Housing ADL Waiver Request Form posted on the ESD website at <https://dcf.vermont.gov/sites/dcf/files/CVD19/ESD/201G-ADL-Waiver-Form.pdf> ] or by submitting a written document that explains how your or a house hold member’s disability significantly impairs activities of daily living (ADL). This waiver request may be made by contacting the Benefits Service Center at 1-800-479-6151 or by visiting a local district office (office locations <https://dcf.vermont.gov/esd/contact-us/districts>). Supporting documentation may be submitted via the uploader (<https://dcf.vermont.gov/doc-uploader>) or delivered in person to a local district office.

**Q: What can I expect if my request for a waiver is approved?**

A: You will be connected with the nurse coordinator who serves your area of the state from the Department for Aging and Independent Living (DAIL) or with the Vermont Chronic Care Initiative (VCCI), and your emergency housing will be extended up to 30 days at a time.

**Q: What if I need help?**

A: You may call our service center at 1-800-479-6151 or ask a worker at one of the ESD District Offices.

**NEED LEGAL HELP?**

Call 1-800-889-2047 to see if you qualify for free help from Vermont Legal Aid.