



## Selina

Selina is 14 years old. Here's what she would like you to know about her:

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### **Some of my favorite things:**

I like being active with sports like softball, swimming, soccer, basketball as well as singing, shopping, painting my nails, horseback riding, taking care of animals, being with friends, and watching movies. My favorite movies are Pippy Longstocking, Home Alone, Mouse Hunt & Hocus Pocus.

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### **Things I do not like:**

I don't like being around people while they're smoking. I also don't like it when kids are not following the rules, especially if it is disruptive or unsafe.

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### **Favorite foods:**

I am not a picky eater. Some of my favorites are hot wings, pizza, Caesar salad, shepherd's pie, lasagna. There is really not much that I don't like, except beets!!

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### **What I want in a family:**

I want a loving family with 1 or 2 caring adults, preferably with at least a mom. I am fine with brothers and/or sisters and would love animals like dogs & horses. I like a family that likes to be active.

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### **What we want families to know about Selina:**

Selina has a good sense of humor. She enjoys being with others, and is very social. When she feels uncomfortable about a situation she tends to get defensive, and needs reassurance. She likes school and receives assistance when needed. Humorous constructive criticism works the best for Selina.

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### **What we are seeking in a family for Selina:**

- A nurturing family with one or two care-givers in a clean, organized structured setting.
  - A family that understands childhood trauma or are willing to learn about its effects.
  - Someone who can help her develop self-esteem and coping skills.
  - Parents who are willing to attend ongoing therapy alongside her.
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**To learn more:** If you are interested in learning more about Selina, please contact Ashley Sargent, Project Family at Lund (802) 524-6387 or [ashleys@lundvt.org](mailto:ashleys@lundvt.org).